## Elyn Tromey, LPC, ATR Art Therapy and Counseling 2975 Valmont Rd, Suite 300, Boulder, CO 80301 720-837-3754 elyn@elyntromey.com

Informed Consent Involving My Policies
Fees and Payment: 60 minute sessions are \$ Agreed Fee:

Payment is expected at the time of session. I accept Paypal, cash, checks and credit cards including those from health care savings accounts. There is a \$30.00 fee for each bounced check, plus any resulting charges incurred on my bank account.

**Cancellations:** All appointments must be cancelled with a minimum of 24 hours notice. If this does not happen, you will be expected to pay the full amount for the session. Exceptions may be made for emergencies and sudden illness.

**Confidentiality:** All communications between client and therapist are considered confidential except where legal demands take precedence (See Mandatory Disclosure). Also, I regularly consult with other trusted professional counselors for guidance.

**Phone Calls and Phone Sessions:** There is no fee for phone calls that last 10 minutes or less; however, should a phone call go beyond 10 minutes, the clock starts at the beginning of the call. The fee will be assigned according to duration of the call at the hourly rate we've agreed to for regular therapy sessions. I do not provide crisis therapy, and recommend that if you need immediate support call 911 or the local 24 hour crisis line: 1-844-493-TALK or text TALK to 38255, or go to the nearest hospital.

**Email:** In order to communicate through email, you will need to sign a release form acknowledging that email by nature cannot be guaranteed confidential. Email is only to be used for business-related or logistical communications, and is not to be used as a means of therapy.

**Chance Meetings in Public:** Boulder is a small town, so there are chances that we will run into each other in public. Everyone has different feelings about this, so I do not acknowledge or approach clients when I see them in public. If you approach me to say hello, this is fine. I will not talk about any issues from therapy in public, and our conversation will be short and shallow. If a chance public meeting brings anything up for you, we can discuss it in our next session.

**Artwork:** All art created during art therapy sessions is confidential and the property of the client. I provide basic art materials for sessions unless you wish to bring in something not available. You are not required to make are in sessions and if I suggest it, you have every right to decline.

I have read, understand, and agree to these policies:	
Client signature:	Date:
Therapist signature:	Date: